



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: *Drug Abuse Screening Test (DAST)*

SOURCE ARTICLE: Skinner, H. A. (1982). The Drug Abuse Screening Test. *Addictive Behaviors*, 7, 363-371.

RESPONSE OPTIONS: YES or NO

In the statements "drug abuse" refers to (1) the use of prescribed or over the counter drugs in excess of the directions and (2) any non-medical use of drugs. The various classes of drugs may include: cannabis (e.g. marijuana, hash), solvents, tranquilizers (e.g. Valium), barbiturates, cocaine, stimulants (e.g. speed), hallucinogens (e.g. LSD) or narcotics (e.g. heroin). Remember that the questions do not include alcoholic beverages.

SURVEY ITEMS:

1. Have you used drugs other than those required for medical reasons?*
2. Have you abused prescription drugs?
3. Do you abuse more than one drug at a time?
4. Can you get through the week without using drugs?*
5. Are you always able to stop using drugs when you want to?*
6. Do you abuse drugs on a continuous basis?
7. Do you try and limit your drug use to certain situations?*
8. Have you had "blackouts" or "flashbacks" as a result of drug use?
9. Do you ever feel bad about your drug abuse?
10. Does your spouse ever complain about your involvement with drugs?
11. Do you friends or relatives know or suspect you abuse drugs?
12. Has drug abuse ever created problems between you and your spouse or your parents?
13. Has any family member ever sought help for problems related to your drug use?
14. Have you lost friends because of your use of drugs?
15. Have you neglected your family or missed work because of your use of drugs?
16. Have you been in trouble at work because of drug abuse?
17. Have you ever lost a job because of drug abuse?

18. Have you gotten into fights when under the influence of drugs?

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19. Have you ever been arrested because of unusual behavior while under the influence of drugs?
20. Have you ever been arrested for driving while under the influence of drugs?
21. Have you engaged in illegal activities in order to obtain drugs?
22. Have you been arrested for possession of illegal drugs?
23. Have you ever experienced withdrawal symptoms as a result of heavy drug intake?
24. Have you had medical problems as a result of your drug use (e.g. memory loss, hepatitis, convulsions, bleeding, etc.)?
25. Have you gone to anyone for help for drug problem?
26. Have you ever been in hospital for medical problems related to your drug use?
27. Have you ever been involved in a treatment program specifically related to drug use?
28. Have you been treated as an out-patient for problems related to drug abuse?

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